



Tooth Remineralization Guide

1. Remove Interference Fields (scars, injuries, trauma, amalgam fillings, cavitations, vaccines)
 - a. Clay pack
 - b. Biomodulator
 - c. Emotion code
2. Reestablish Flow via kidney and nervous system health
 - a. Alkaline Protocol
 - b. Purium Cleanse
 - c. Superfood raw living detox
3. Once flowing, and if active lifestyle then incorporate Weston A Price Diet (www.westonaprice.org) for nutrient building blocks
 - a. Focus on nutrient dense high quality fats, veg, and animal protein
 - b. Fermented vegetables/ kombucha
 - c. Broth
4. If sedentary lifestyle, maintain plant-based lifestyle.
5. Heal and Seal the Gut via Purium Biome Medic (removes 70% glyphosate and drastically reduces C-Reactive Protein levels) *IShopPurium.com; \$50 off code Health Empowered*
6. Green Pastures Fermented Cod Liver Oil- Cinnamon or Chocolate flavored
7. Quicksilver Liposomal Vit C
8. Trace Minerals
 - a. PRL Polar Mins
 - b. PRL Pink salt
 - c. Quintones marine phytoplankton
9. Cold Pressed Pure Coconut Oil for oil pulling- absolutely NO oil pulling if mercury fillings are present